

Humboldt Kolleg

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Global Challenges of the 21st Century

- 1) Technological development and human health/ quality of life*
- 2) Climate change and environmental sustainability*
- 3) Democracy and cohesion in Europe*

Between High Tech Medicine and Biopsychosocial Medicine: The Case of Upper Gastrointestinal Pathology

Contemporary medicine evolved to a developmental stage based on progress of technology. Telemedicine, robotic surgery, registries of big data, omics, etc. are usual terms for healthcare professionals nowadays. But patients have difficulties in understanding this evolution and still need human interaction with the healthcare providers. Biopsychosocial medicine represents the empathetic manner to approach the disease. Modern psychosomatic medicine relies on this paradigm. My paper will focus on main upper gastrointestinal conditions: esophagus, stomach, duodenum showing different management for both organic diseases and functional disorders. The use of high tech medicine in the paradigm of biopsychosocial medicine is the recommended attitude for healthcare providers.

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